



Facilitating Youth Sparks



4-H IS THE YOUTH DEVELOPMENT ORGANIZATION OF OUR NATION'S COOPERATIVE EXTENSION SYSTEM AND USDA.

Welcome & Icebreaker



Understanding Youth Sparks



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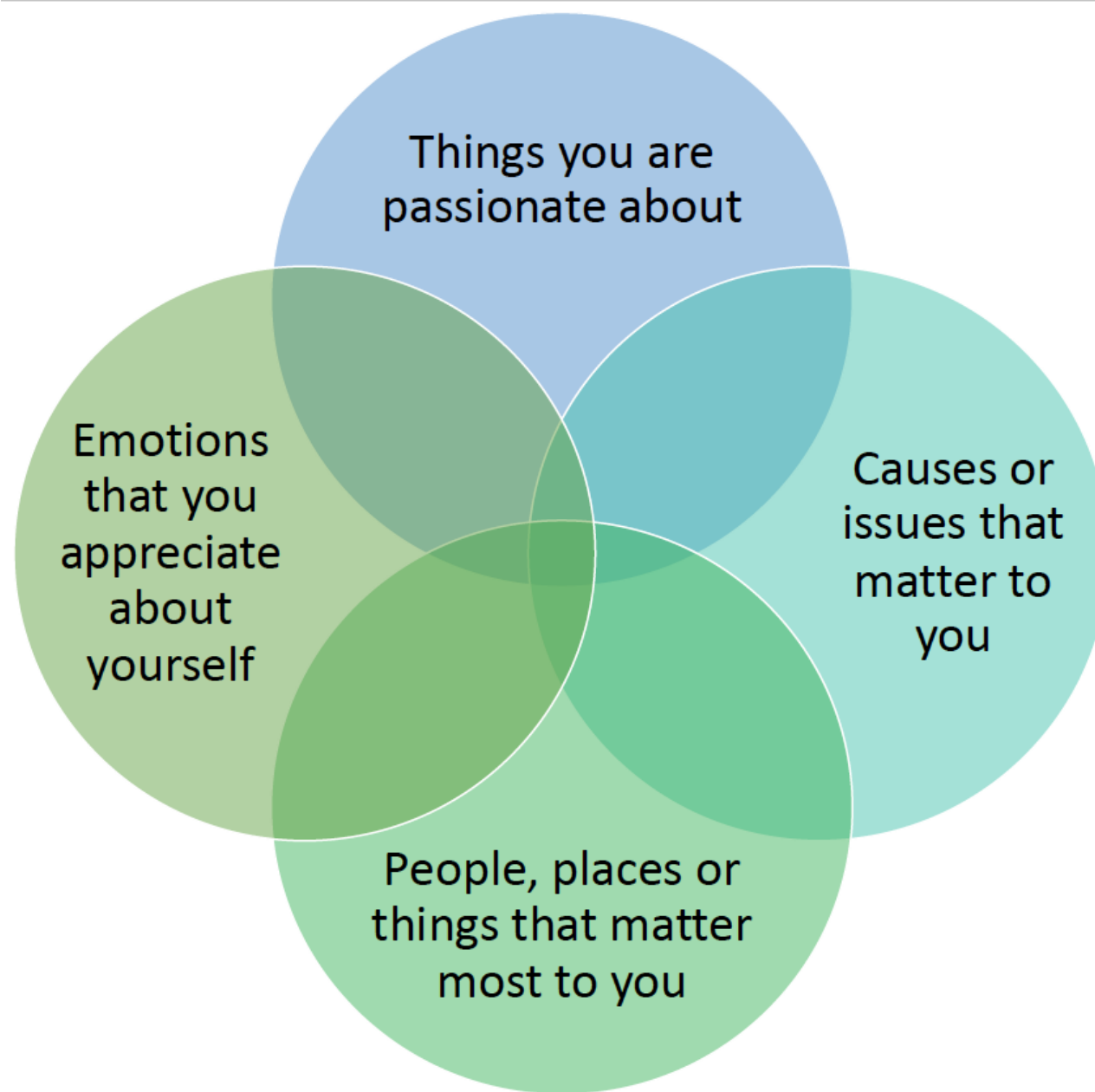


Spark = is a passion or interest that youth are enthusiastic about





What are your spark(s) &
did you have someone
who helped you find your
spark?





Maximizing our Time Together



Respect



Cameras on



Open Mind



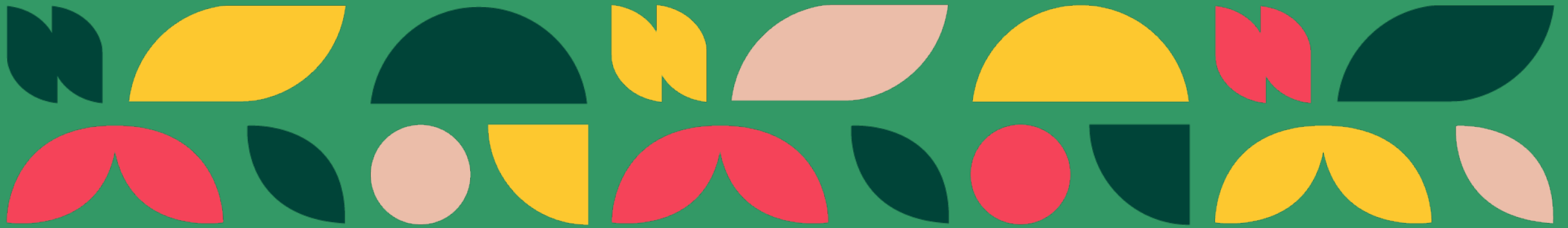
Breakout rooms – remember your room number

- Share your ideas, paying particular attention to the intersection of your ideas.
- Seek ideas and viewpoints of others in your group about connections and intersections that they see.
- Talk about how the items in the intersection make you feel and the emotions that they evoke in you.
- Discuss the similarities of the emotions evoked in all group members.
- Choose a reporter to be prepared to report key ideas from your group in a padlet



A decorative border composed of various colorful geometric shapes, including circles, semi-circles, and leaf-like shapes in shades of green, yellow, red, and dark green, framing the central text.

Key Ideas from Breakout Groups



Five-minute stretch break



Keep In Mind... Sparks Messages



APPENDIX B

KEEP IN MIND...SPARKS MESSAGES

OBJECTIVES

- Youth understand the concept of sparks.
- Youth identify sparks in themselves.
- Youth understand the benefits of having spark champions.
- Youth develop a plan for identifying or finding their own spark champions.

KEY MESSAGES

- Sparks are the passions, ability, skills and strengths that are discoverable in all youth. Sparks are a catalyst for thriving.
- Sparks are a source of motivation (come from within a person).
- Sparks often change over time.
- Sparks are deeper than activities (e.g., watching TV).
- Spark champions help you identify and grow your sparks.
- It is best to have at least three sparks champions.

AVOID

- Using Sparks as a label (i.e., a "natural" ability, talent or attribute).
- Excessive matching of sparks to "career goals".
- Referring to a spark as "something you're REALLY good at" (they may be passionate about something that needs effort and persistence before they're "good" at it).

HELP YOUTH FIND THEIR SPARKS

Help a young person feel comfortable exploring his/her sparks by acknowledging that some youth may already know their sparks, some youth may change their sparks, while others need time to discover theirs.

- Notice when a young person lights up and shows joy and positive energy toward something. Talk to a young person about what excites him/her (e.g., asking questions like: "Tell me, what do you love to do in your spare time? Why? How does doing what you love make you feel?").
- Listen carefully for a way to support a young person.
- Help youth find ways to practice their spark(s).
- Attend a young person's games, performances and public demonstrations of her or his spark(s).

When we say Spark Champion?





Spark Champion



Consider ages and abilities of your group



Listen to the youth



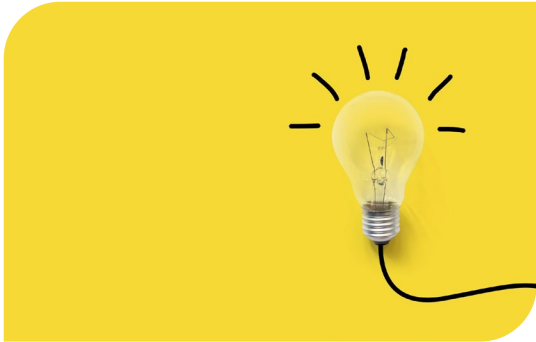
Create a safe place for discussions



Take Risks and try new things



Why Sparks & Sparks Champions



Self - Discovery



Focus



Increases motivation

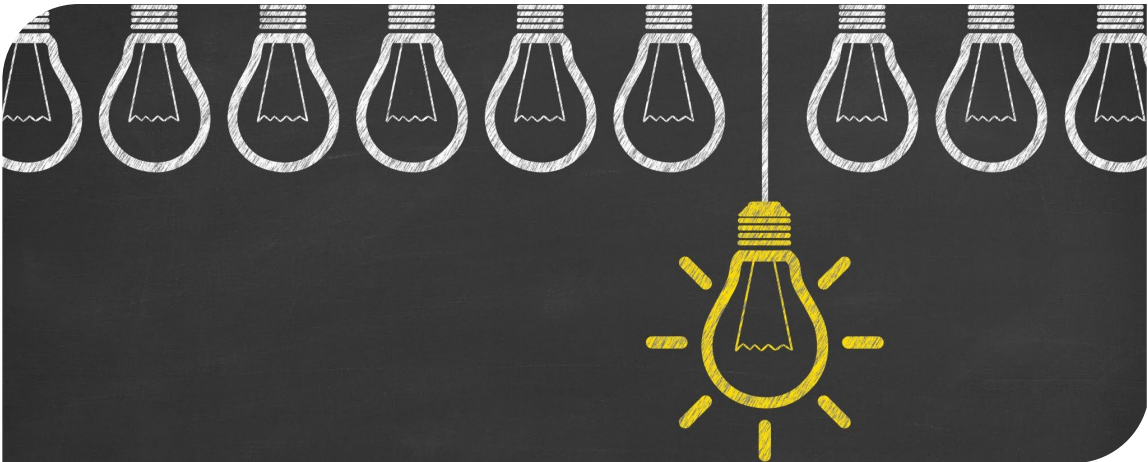


Youth feel useful

Barriers & Opportunities



Social inequalities



Ask youth



Sparks Champion Plan



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Strategies For Success

- Sparks Conversation Starters
- Observe & Listen
- Ask
- Model your spark



Reminders



- Please complete the survey so we can continue to make this training better. Step 8 in your pre-work page.
- Make sure you confirm your completion for each session.
- Register for each session that you plan to attend.
- Start you pre-work for week 3.

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